

MEDICATION THERAPY MANAGEMENT PROGRAM

Mass Advantages offers a Medication Therapy Management (MTM) Program at no cost to eligible members in conjunction with our pharmacy benefits manager, Magellan Rx. Our MTM Program connects members with pharmacists to help our members with complex health needs get the most benefit from the drugs they take.

To qualify for the program in 2024, a member must:

1. Have at least 3 of the following chronic diseases:
 - a. Chronic heart failure (CHF)
 - b. Diabetes
 - c. Hyperlipidemia
 - d. Hypertension
 - e. Chronic obstructive pulmonary disease (COPD)
2. Be taking at least 8 Part D-covered medications
3. Have at least \$5,330 in estimated annual Part D drug costs

Members who have qualified for our opioid Drug Management Program are also eligible for the MTM Program.

The program consists of an annual Comprehensive Medication Review (CMR) and quarterly Targeted Medication Reviews (TMRs). The CMR is a one-on-one telephonic discussion between the member (or caregiver) and the MTM pharmacist. During the CMR, the pharmacist will review all of the medications and supplements the member takes. He or she will talk through any issues the member may be having with their medications and answer any questions the member has.

Following the CMR, the pharmacist may reach out to you with questions and/or recommendations regarding the member's pharmacotherapy. Similarly, when the targeted medications reviews are conducted to identify things like gaps in care, drug-drug interactions, therapeutic duplication, etc., the pharmacist may send you a letter or fax with recommendations for your consideration. We appreciate your help in encouraging your eligible patients to participate in the program by completing a CMR on an annual basis.